

**F. Achieving Integration  
In Groups:  
Social-emotional Learning**

This experiential workshop will incorporate attachment theories, neurobiology, and toxic experiences as they relate to the developing, experience-dependent, brain. Emphasis will be on executive functioning, cognition, neuronal and social/emotional dys-regulation. Group-work promotes neural integration. "Human connections create neural connections" Siegel, The Developing Mind. A multidisciplinary curriculum will be presented that integrates aspects of anatomy, physiology, language arts, and counseling. This workshop is appropriate for therapists, and teachers.

**Al Moscaritolo, LICSW,  
Goals Program, Quincy, MA;  
Past CGTA Conference Co-Chair,  
Private Practice and Consultation.  
Mellissa DeGraan, M.S.W intern;  
Robin Laskey, C.A.G.S. Mental Health  
Counseling; Michelle Asbeck, Master's  
School Adjustment Counseling**

**The Children's Group  
Therapy Association**

*CGTA was established by a group of professionals actively involved in the field of children's group therapy. The association functions as a support system for group therapists, and as an advocate for quality group services for children, adolescents and parents. CGTA is committed to providing training opportunities, and expanding resources and networking in the field. Membership in CGTA is open to all professionals invested in child and adolescent group therapy.*

**Directions: Holiday Inn Brookline  
1200 Beacon St., Brookline**

**Public Transportation-  
St. Paul's St. Stop On The "C" Line  
Of The "T"**

**Mass.Pike I-90**-East to Exit 18- Allston/ Cambridge- the exit will be on the left. Turn right at the first light onto Storrow Drive, follow Storrow Drive to the Boston University Exit, turn right onto University Drive. Turn right onto Commonwealth Ave. Follow to the third set of lights, take a left onto St. Paul St., follow to Beacon St., hotel is on left.

**From 95 North**- North to Exit 20A- Brookline/ Boston (Route 9 East). Follow approximately 4 miles and turn left onto Chestnut Hill Ave. Continue approximately 1 mile, turn right onto Beacon St., travel 2 miles to hotel on left.

**From Logan International Airport**  
Route 93 North through Sumner Tunnel, stay in right lane through tunnel to Storrow Dr. Take Kenmore Square Exit (the exit is on the left when you arrive at fork in road). At the first light, take a right onto Beacon St. At second set of lights, take center lane, travel 1 mile, the hotel is on the right.

**Parking:**

Hotel -conference discount rate of \$8 with voucher  
(available at registration table)  
Meters on street- quarter for 1/2 hour

**Hotel Accommodations:**

Please call Holiday Inn at 617- 277-1200 for reservations and request a CGTA discount (must book room by April 15<sup>th</sup> for discount)

**For Conference Information Call:  
Pam O'Callaghan at 617-796-0150**

A limited number of partial working scholarships are available.  
For more information call Sandy Houde at 781-646-2897 or Houdesa@aol.com.

**Cancellation Policy:**

Refund requests must be made in writing and postmarked by April 14, 2008 and are subject to a \$25.00 Administrative Fee. There will be no registration refunds after April 14, 2008.

**Accreditation:**

Please contact CGTA at (617) 796-0150 with any questions regarding status of CEU applications for **Social Workers and Professional Development Points (PDPs)** for this 6 hour conference. The Northeastern Society for Group Psychotherapy, Inc.(NSGP)designates this educational activity for a maximum of 6 *AMA PRA category 1 credit(s)TM*. Physicians (and all other participants) should only claim credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Massachusetts Medical Society for Continuing Medical Education through the joint sponsorship of the NSGP and the Children's Group Therapy Association. NSGP, Inc. is accredited by the Massachusetts Medical Society to provide continuing medical education for **physicians.** –NSGP, Inc. is an approved provider of continuing **nursing** education by the Massachusetts Association of Registered Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program carries a maximum of 6 contact hours. – NSGP is approved by the American Psychological Association to sponsor continuing education for **psychologists.** NSGP maintains responsibility for this program and its content. This program provides a maximum of 6 credits. NSGP is an NBCC Approved Continuing Education Provider (ACEP TM) and a co-sponsor of this event/program. NSGP may award NBCC approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. This activity has been approved for a maximum of 6 credit hours. Conference events can be counted toward **Certified Group Psychotherapists (CGP)** re-certification requirements of the National Register of Certified Group Psychotherapists on a 1 hour per 1 CEU basis. NSGP and CGTA maintain responsibility for the program and its contents.

**2008- CGTA CONFERENCE  
REGISTRATION PLEASE REGISTER EARLY  
Mail in registration must be  
postmarked by April 28th.**

Name: \_\_\_\_\_  
License/Degree: \_\_\_\_\_  
Profession: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_

**Morning Session (A-C): 9:00AM-12:00PM  
(rank preferences)**

**AM workshops concurrent**

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_

**Afternoon Session (D-F): 1:30 PM-4:30 PM  
(rank preferences)**

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_

**Early registration postmarked by 4/14/08  
(includes cost of CEUs)**

- \$115.00 Non member
  - \$ 90.00 CGTA Member
  - \$ 65.00 Student/Unemployed Professionals
- Pre-registration rates postmarked by 4/28/08**
- \$125.00 Non member
  - \$100.00 CGTA Member
  - \$ 75.00 Student/Unemployed Professionals

After April 28th call 617-796-0150 to register over the phone. 10% discount for groups of 5 or more (sent in together).

**Membership:**

- I am joining CGTA with this application  
(pay member rate for Conference).
- \$50.00 Full     \$30.00 Student     \$90.00 Institutional
- New Membership     Renewing membership
- 2 years membership**     \$85.00 Full
- \$50.00 Student     \$150.00 Institutional

\$ \_\_\_\_\_ Total- Payable to "CGTA"  
Confirmations will not be sent

Cancellation Policy: Refund requests must be made in writing and postmarked by April 14th, 2008 and are subject to a \$25.00 Administrative Fee. No registration refunds after April 14<sup>th</sup>.  
Detach and Mail to: CGTA Conference . c/o Pam O'Callaghan  
14 Knight Rd . Framingham, MA 01701

**For more information call: 617-796-0150 or www.cgta.net**



## CHILDREN'S GROUP THERAPY ASSOCIATION

### 30<sup>th</sup> Annual Spring Conference

Friday May 2, 2008 8am-5pm  
Holiday Inn Brookline,  
1200 Beacon Street, Brookline, MA  
Co-Sponsored by, The Northeastern Society  
for Group Psychotherapy, Inc.

#### Program- Saturday May 2<sup>nd</sup>

8:00-8:30 Registration and Coffee  
8:30-8:40 Opening Remarks  
8:40-9:00 Keynote Speaker

**Adele Pressman, M.D.,**  
**Cambridge Hospital;**  
**Harvard Medical School; CGTA Board**

#### 9:00 - 12:00 Morning Sessions

##### A. Therapeutic Groups With Difficult Kids

This workshop will present a framework for understanding how and when leaders can intervene in a group process to help young clients develop social skills, improve self-esteem, and repair the effects of less than optimal life experiences. The concept "boundaries" can help leaders decide about group membership, structure, rules, and choosing interventions with the stage of group development in mind. Participants are asked to bring case examples to address typical work dilemmas.

**Mary Lou Pierron, Psy.D., Staff Psychologist,**  
**Somerville Mental Health Center,**  
**Somerville, MA;**  
**Past Member, CGTA Board of Directors**

##### B. The Nuts and Bolts Of Conducting A Therapy Group For Latency Age Children

Even great therapists struggle with how to prepare for, and run a therapy group. Many components are critical for conducting a successful therapy group for children. We will explore how to form a group, beginnings, endings, rituals, and incentives, how to manage conflict within the group, how to understand the population of your group, and provide you with some group activities. We will focus on therapy groups addressing social skills, but will also touch on short and long-term groups, issue-based groups, and parent groups. This session is intended for those of you new to running therapy groups, and for those who want to go back to the basics!

**Jennie Shaw, LICSW, Senior Clinician,**  
**Kari Spaeth, LICSW, Tufts Medical Center**  
**Michelle DeMarco, LICSW,**  
**Assistant Director of Clinical Services,**  
**Walker School, Needham, MA**

##### C. QPR Suicide Prevention Training

The QPR Suicide Prevention model (Question, Persuade, Refers) is based upon the following concepts: Those who most need help in a suicidal crisis are the least likely to ask for it; the person most likely to prevent a person dying by suicide is someone they already know; and prior to making a suicide attempt, a person sends warning signs of their distress and suicidal intent to those around them. At this training you will learn about the issues of depression and suicide in new ways, discover the differences between suicide and self-injury, learn how to be of real help to a person in distress, and leave the training with courage, language, and tools you can implement immediately.

**Jon Mattleman, MS, Director,**  
**Needham Youth Commission, Needham, MA**

#### 12:00 - 1:30 Lunch

(on your own at walking distance restaurants-  
info/magiven) Resource tables/ vendor booths

#### 1:30 - 4:30 Afternoon Sessions

##### D. Building Therapeutic Alliances: Group Therapy With Adolescents

This workshop presents theory and techniques for enhancing the therapeutic alliance between adolescent group therapy clients and the leader, as well as tasks, interventions and activities for facilitating the development of cohesiveness among group members. Special focus will be given to adolescent boys presenting with conduct and social skills difficulties. The workshop will be didactic, experiential, and provide an opportunity for discussion.

**Mitch Abblett, Ph.D.,**  
**Clinical Director, Manville School,**  
**Judge Baker Children's Center;**  
**Staff Clinician, Dana Group Associates**

##### E. Groups In Schools: Challenges And Solutions

School-based groups provide unique opportunities for addressing children's needs in a normative, non-stigmatizing setting, and can often bypass the complications of transportation, reimbursement, and low enrollment. But how can school-based clinicians maximize the benefit of the group experience, while contending with obstacles such as brief sessions, confidentiality and boundary issues, limited resources, etc.? This workshop is for all clinicians who run groups in schools, from the novice to the expert. Come share ideas, strategies, and solutions!

**Moderator: Jim Caron, Ed.D, CGP,**  
**Connections Child and Adolescent Group**  
**Program, Lexington, MA;**  
**Past Co-Chair, CGTA Board;**  
**Panel: Linda S. Chase, Director,**  
**Student Services, Lexington Public Schools,**  
**Founding Board Member, CGTA;**  
**Dr. John Miner, Psy.D., Guidance Counselor**  
**and School Psychologist, Brookline Public**  
**Schools, Mary Lou Pierron, Psy.D., Somerville**  
**Mental Health Clinic Child & Family Service;**  
**Adjunct Faculty, Lesley University;**  
**Past Member, CGTA Board**

Children's Group Therapy Association  
P.O. Box 521, Watertown, MA 02472  
www.cgta.net

**CONFERENCE COMMITTEE**  
**Sandy Houde, LICSW, Co-Chair**  
**Pam O'Callaghan, M.Ed., NCC, Co-Chair**

Regina Cancelliere Casey, LICSW  
Karen Carpenter, APRN, SNP/JD  
Jim Caron, Ed.D., CGP  
Hyaeun Sophia Chun, MSW  
Sandy Houde, LICSW, CGP- Conference Assistants  
Heather McKeone, LMSW  
Pam O'Callaghan, M.Ed., NCC- CEU coordinator  
Amy Porreca, MSW - Registration Coordinator  
Adele Pressman, MD  
Jennie Shaw, LICSW

**CGTA - Spring Conference**  
**Friday, May 2, 2008**  
**Holiday Inn, Brookline, MA**  
**Early Registration 4/14/08**